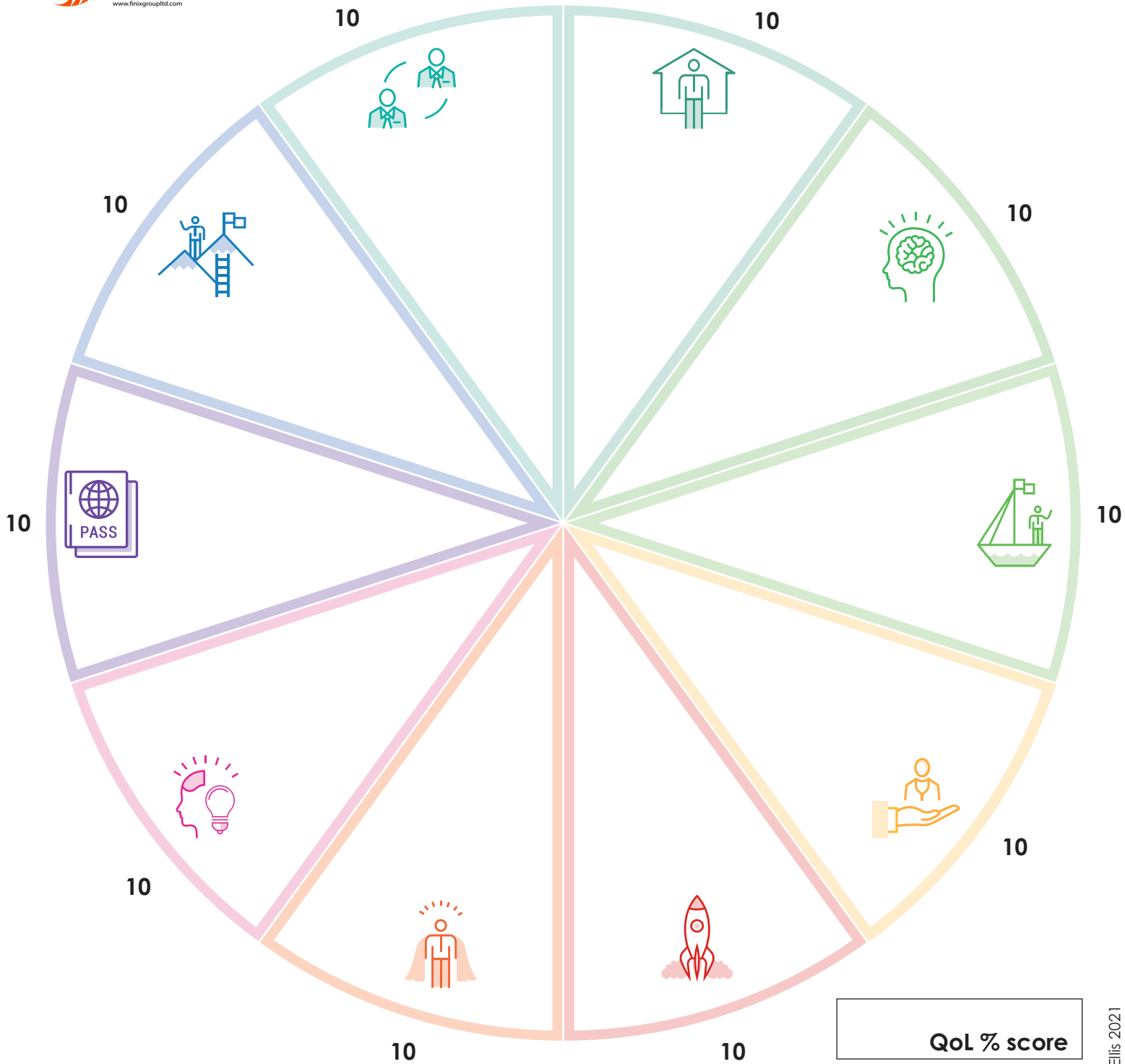


Life Wheel (v.2)

Name: _____

Date completed: _____



QoL % score



Aspirations



Relationships



Environment



Personal wellbeing



Freedom



Safety and support



Momentum



Positive risk and experiences



Creativity and choice



Skills, education and work

What is good?

What needs focus?

Aspirations

Relationships

Environment

Personal wellbeing

Freedom

Safety and support

Momentum

Positive risk and experiences

Creativity and choice

Skills, education and work

Key opportunities across domains

Barriers to opportunities

Barriers de-constructed